



SENIORS WELLNESS EXCURSIONS

APRIL

- 6 - Thursday Nanaimo Shopping/Lunch at the German Bakery Café
Was so fabulous we're doing it again
- 10 - Monday Sidney Thrift Shop Browsing/Lunch at Fish on Fifth or bring your own
- 13 – Thursday SaltAir Pub in Chemainus browsing Thrift Shops for hidden treasures
*** Rescheduled from November***
- 17 – Monday Duncan Shopping/Lunch at the Garage Eatery or bring your own
- 25 – Tuesday Mystery Tour Off Island Adventure –
Come on ... you know you want to go!!

May

- 6 – Saturday Government House Tour/19th Century Building Tour in Cary Castle
Mews/Interpative Centre/afternoon tea at the Tea House in the
Butterworth Cottage ***TOURS ARE SATURDAYS ONLY***
- 11 – Thursday Cowichan Winery Tour – Visiting wineries in the area and Lunch TBO
- 18 – Thursday Victoria Shopping – Either Mayfair or Tillicum Malls (or both!!)
- 25 – Thursday Matix Farm/Lunch at Ogden Point Café (walker friendly) and a stroll
along the seawall
- 29 – Monday Finnerty Gardens in Victoria – Come see the Rhododendrons and walk
the park like setting

Van space is limited so please register early

by email seniors@ssics.ca

or phone 250-931-0168