

SENIORS WELLNESS EXCURSIONS

AUGUST



- 2 – Wednesday Duncan Shopping & Lunch at the Garage or Dog House
- 11 – Friday SS Wild Cider House Tasting & Lunch at Cheese Farm Caf
- 14 - Monday Salish Sea Discovery Centre in Sidney – Thrift Shop Shopping & Fish on 5th
****This was formally known as The Shaw Discovery Centre – same place, new name****
- 17 – Thursday Victoria Shopping - Walmart - Hillside Mall & Lunch
- 24 – Thursday Harbour Ferry Tour to Fisherman’s Wharf for lunch
- 28 – Monday Point Ellice House Tour with Lunch at Gorge Pointe Pub
****Overlooking the waters of Victoria’s scenic Gorge Waterway****

SEPTEMBER

- 7 – Thursday Qualicum Beach to Milner’s Gardens & Woodland with Afternoon Tea
****This outing could turn into a Murder Mystery Tea ... stay tuned for more info****
- 11 – Monday “Let’s Go Fly A Kite” in Victoria on Dallas Rd & East Indian Lunch Buffet
****Bring something to sit on - Kites supplied or bring your own****
- 14 – Thursday Tugwell Honey Farm & Meadery in Sooke & Lunch at Mom’s Café
****This is a longish trip and we will be stopping half way for leg stretching****
- 17 – SUNDAY Salt Spring Vineyards Live music and Picnic Lunch – 2 – 4 pm ****Special Day****
****Bring your lunch, we’ll supply refreshments and let’s have a lovely afternoon****
- 21 – Thursday Browsing the shops in Deep Cove & Lunch at the Stone House Pub by the ferry
- 28 – Thursday On Island Dinner at the Twig & Buoy (used to be Raven St Café) in Fernwood

Van space is limited so please register early by email seniors@ssics.ca or phone [250-931-0168](tel:250-931-0168)